

**KARAMAT WILDERNESS WAYS**  
**Presents**  
**A Plant Walk with Mors Kochanski**

**The Master Tape**

**These are the names of the plants as listed on the video/dvd.**

**Page 1**

COMMON NAME	LATIN NAME
1. BROWN EYED SUSAN	1. Gaillardia aristata
2. YELLOW LADIES SLIPPER	2. Cypripedium calceolus
3. MEADOW BUTTERCUP	3. Ranunculus acris
4. PRICKLY WILD ROSE	4. Rosa acicularis
5. CREAM-COLORED PEAVINE	5. Lathyrus ochroleucus
6. PURPLE VETCH	6. Lathyrus venosus
7. COW PARSNIP	7. Heracleum lanatum
8. ARROWLEAF COLTSFOOT	8. Petasites sagittatus
8. PALMATED COLTSFOOD	8. Petasites palmatus
9. WESTERN TOAD	9. Bufo boreas
10. SUNDEW	10. Drosera rotundifolia
11. CROWBERRY	11. Empetrum nigrum
12. PLANTAIN	12. Plantago major
13. MARSH HEDGE NETTLE	13. Stachys palustris
14. SILVERWEED	14. Potentilla anserina
15. HEMP NETTLE	15. Galeopsis tetrahit
16. CONE - ENGLEMANN SPRUCE	16. Picea engelmannii
17. CONE - BALSAM FIR	17. Abies balsamea
18. CONE - BLACK SPRUCE	18. Picea mariana
19. CONE - WHITE SPRUCE	19. Picea glauca
20. CONE - TAMARACK	20. Larix laricina
21. CONE - DOUGLAS FIR	21. Pseudotsuga menziesii
22. CONE - PONDEROSA PINE unopened	22. Pinus ponderosa
23. CONE - PONDEROSA PINE opened	23. Pinus ponderosa
24. CONE - JACK PINE	24. Pinus banksiana
25. CONE - LODGEPOLE PINE	25. Pinus contorta
26. CONE - LIMBER PINE	26. Pinus flexilis
27. MULE DEER	27. Odocoileus hemionus
28. LODGEPOLE - FIRE KILLED	28. Pinus contorta
29. ASPEN BURL	29.
30. ASPEN STOCKING MOSS	30. Phyllocladus albertii
31. ASPEN CONK	31. Phellinus tremulae
32. ROUND LEAF ORCHID	32. Habenaria orbicularis
33. CARAWAY	33. Carum carvi
34. OX-EYE DAISY	34. Chrysanthemum leucanthemum
35. MCCOUN'S BUTTERCUP	35. Ranunculus macounii
36. HEART LEAVED ALEXANDERS	36. Zizia aptera
37. BLUE-EYED GRASS	37. Sisyrinchium montanum
38. COMMON RED PAINTBRUSH	38. Castilleja miniata
39. ALPINE MILK-VETCH	39. Vicia americana
40. BEAR ROOT	40. Hedysarum alpinum
41. WESTERN WOOD LILY	41. Lilium philadelphicum
42. WILD LILY OF THE VALLEY	42. Maianthemum canadense
43. SMOOTH FLEABANE	43. Erigeron glabellus
44. ATLANTIS FRITILLARY BUTTERFLY	44. Speyeria atlantis
45. PURPLE AVENS	45. Geum triflorum
46. GOLDEN NORTHERN BUMBLE BEE	46. Bombus fervidus
47. DRUMMOND'S THISTLE	47. Cirsium drummondii
48. LANCED LEAVED STONECROP	48. Sedum lanceolatum
49. ALPINE GOLDENROD	49. Solidago spathulata
50. MONKSHOOD	50. Aconitum delphinifolium

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COMMON NAME	LATIN NAME
51. MOSS CHAMPION	51. <i>Silene acaulis</i>
52. WOOLY LOUSEWORT	52. <i>Pedicularis lanata</i>
53. MARSH VALERIAN	53. <i>Valeriana dioica</i>
54. ALPINE LARKSPUR	54. <i>Delphinium glaucum</i>
55. SHOOTING STAR	55. <i>Dodecatheon pulchellum</i>
56. FIELD CHICKWEED	56. <i>Cerastium arvense</i>
57. SHEEP SORREL	57. <i>Rumex acetosella</i>
58. SWEET GRASS	58. <i>Hierochloe odorata</i>
59. SHOWY LOCOWEED	59. <i>Oxytropis splendens</i>
60. YELLOW RATTLE	60. <i>Rhinanthus borealis</i>
61. SHORT BEAKED AGOSERIS	61. <i>Agoseris glauca</i>
62. PINK PUSSYTOES	62. <i>Antennaria rosea</i>
63. RATTLE SNAKE	63. <i>Crotalus viridis</i>
64. ELK THISTLE	64. <i>Cirsium scariosum</i>
65. YELLOW MOUNTAIN AVENS	65. <i>Dryas drummondii</i>
66. BLADDER CHAMPION	66. <i>Silene cucubalus</i>
67. NORTHERN GENTIAN	67. <i>Gentianella amarella</i>
68. RICHARDSON'S GERANIUM	68. <i>Geranium richardsonii</i>
69. TALL JACOB'S LADDER	69. <i>Polemonium acutiflorum</i>
70. BLUE BEARD'S TONGUE	70. <i>Penstemon nitidus</i>
71. ALPINE BISTORT	71. <i>Polygonum viviparum</i>
72. MEALY PRIMROSE	72. <i>Primula incana</i>
73. BALSAM GROUNDSEL	73. <i>Senecio pauperculus</i>
74. GREEN BOG ORCHID	74. <i>Habenaria hyperborea</i>
75. ELEPHANT'S HEAD	75. <i>Pedicularis groenlandica</i>
76. TIMOTHY	76. <i>Phleum pratense</i>
77. QUACK GRASS	77. <i>Agropyron repens</i>
78. WHITE CLOVER	78. <i>Trifolium repens</i>
78. RED CLOVER	78. <i>Trifolium pratense</i>
78. ALSIKE CLOVER	78. <i>Trifolium hybridum</i>
79. PINK PYROLA	79. <i>Pyrola asarifolia</i>
80. TWIN FLOWER	80. <i>Linnaea borealis</i>
81. BUNCHBERRY	81. <i>Cornus canadensis</i>
82. BIGHORN SHEEP	82. <i>Ovis canadensis</i>
83. STIFF CLUB MOSS	83. <i>Lycopodium annotinum</i>
83. GROUND PINE	83. <i>Lycopodium obscurum</i>
84. YARROW	84. <i>Achillea millefolium</i>
85. FIREWEED	85. <i>Epilobium angustifolium</i>
86. MARSH MARIGOLD	86. <i>Caltha palustris</i>
87. MARSH CINQUEFOIL	87. <i>Potentilla palustris</i>
88. CANADA ANEMONE	88. <i>Anemone canadensis</i>
89. CALLA LILY (Water Arum)	89. <i>Calla palustris</i>
89. HORSE TAIL	89. <i>Equisetum arvense or sylvaticum</i>
90. BLACK HAWTHORN	90. <i>Crataegus douglasii</i>
91. WATER HEMLOCK	91. <i>Cicuta maculata</i>
92. COMMON JUNIPER (FEMALE)	92. <i>Juniperus communis</i>
93. VEINED WHITE BUTTERFLY	93. <i>Pieris marginalis</i>
94. MARIPOSA COPPER	94. <i>Lycaena mariposa</i>
95. MOUNT ROBSIN	95. -----

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96. DEVIL'S CLUB	96. <i>Oplopanax horridum</i>
97. PEAR SHAPED PUFF BALL	97. <i>Lycoperdon pyriforme</i>
98. PEARLY EVERLASTING	98. <i>Anaphalis margaritacea</i>
99. HOODED LADIES TRESSES	99. <i>Spiranthes romanzofiana</i>
100. PINK PYROLA SEED HEAD	100. <i>Pyrola asarifolia</i>
101. KNAPWEED	101. <i>Centaurea biebersteinii</i>
102. BULL THISTLE	102. <i>Cirsium vulgare</i>
103. LIMBER PINE	103. <i>Pinus flexilis</i>
104. PASTURE SAGEWORT	104. <i>Artemisia frigida</i>
105. OREGON GRAPE	105. <i>Mahonia repens</i>
106. RABBIT BRUSH	106. <i>Chrysothamnus nauseosus</i>
107. GOAT'S BEARD	107. <i>Tragopogon dubius</i> or <i>Aruncus dioicus</i>
108. BABY'S-BREATH	108. <i>Gypsophila paniculata</i>
109. OLD MAN SAGE	109. <i>Artemisia absinthium</i>
110. PRICKLY PEAR	110. <i>Opuntia fragilis</i>
111. CHOKE CHERRY	111. <i>Prunus virginiana</i>
112. CURLY CUP GUNWEED	112. <i>Grindelia squarrosa</i>
113. WHITE TUFTED PRAIRIE ASTER	113. <i>Aster cinereus</i>
114. SPREADING DOGBANE	114. <i>Apocynum androsaemifolium</i>
115. SAGE BRUSH	115. <i>Artemisia tridentata</i>
116. WILD CATNIP	116. <i>Nepeta cataria</i>
117. WESTERN MOUNTAIN ASH	117. <i>Sorbus scopulina</i>
118. WESTERN HEMLOCK	118. <i>Tsuga heterophylla</i>
119. MULE DEER	119. <i>Odocoileus hemionus</i>
120. DOUGLAS MAPLE	120. <i>Acer glabrum</i>
121. BEAKED HAZELNUT	121. <i>Corylus cornuta</i>
122. WESTERN RED CEDAR	122. <i>Thuja plicata</i>
123. NODDING ONION DRY SEED HEAD	123. <i>Allium cernuum</i>
124. GREAT BURDOCK	124. <i>Arctium minus</i> or <i>lappa</i>
125. FRINGED ASTER	125. <i>Aster ciliolatus</i>
126. SPINY WOOD FERN	126. <i>Dryopteris expansa</i>
127. MOUNTAIN GOAT'S BEARD	127. <i>Aruncus dioicus</i>
128. BRACKEN FERN	128. <i>Pteridium aquilinum</i>
129. FALSE BOX	129. <i>Pachistima myrsinites</i>
130. EYEBRIGHT	130. <i>Euphrasia arctica</i>
131. GREATER NORTHERN ASTER	131. <i>Aster modestus</i>
132. FALSE HELLIBORE	132. <i>Veratrum viride</i>
133. FALSE SOLOMON'S SEAL	133. <i>Smilacina racemosa</i>
134. SWEET SCENTED BEDSTRAW (Clevers)	134. <i>Galium triflorum</i>
135. ELK	135. <i>Cervus elaphus</i>
136. PAPER BIRCH	136. <i>Betula papyrifera</i>
137. BLACK POPLAR	137. <i>Populus balsamifera</i>
137. WHITE POPLAR	137. <i>Populus tremuloides</i>
138. WOODLAND AGARIC	138. <i>Agaricus silvicola</i>
139. AGARIC CROSS SECTION)	139. <i>Agaricus silvicola</i>
140. BUNCHBERRY	140. <i>Cornus canadensis</i>
140. RED OSIER DOGWOOD	140. <i>Cornus stolonifera</i>
141. BEBB'S WILLOW	141. <i>Salix bebbiana</i>
142. BELTED CONK	142. <i>Fomitopsis pinicola</i>
143. FAIRY STOOL	143. <i>Coltricia cinnamomea</i>

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144. FAIRY BELLS	144. Disporum trachycarpum
145. BALSAM FIR WITH CONES	145. Abies balsamea
146. FIELD MUSHROOM	146. Agaricus campestris
147. PEARLY PUFF BALL	147. Lycoperdon perlatum
148. FLUTED WHITE ELFIN SADDLE	148. Helvella crispa
149. BROWN CUP (Pig's Ear)	149. Pezia repanda
150. BUCK-BEAN	150. Menyanthes trifoliata
151. SMOKY POLYPORE	151. Bjerandera adjusta
152. PAPER BIRCH	152. Betula papyrifera
152. SWAMP BIRCH (Bog Birch)	152. Betula glandulosa
153. BIGHORN SHEEP	153. Ovis canadensis
154. BOG CRANBERRY	154. Vaccinium oxycoccus
154. MOUNTAIN CRANBERRY	154. Vaccinium vitis-idaea
155. LABRADOR TEA	155. Ledum groenlandicum
156. BOG ROSEMARY	156. Andromeda polifolia
157. NORTHERN GOOSEBERRY	157. Ribes oxycanthoides
158. YELLOW WITCHES BROOM	158. Chrysoxya arctostaphyli
159. NORTHERN BLACK CURRANT	159. Ribes hudsonianum
160. PIN CHERRY	160. Prunus pensylvanica
161. CHOKE CHERRY	161. Prunus virginiana
162. SASKATOON	162. Amelanchier alnifolia
163. TOAD FLAX	163. Linaria vulgaris
164. TANSY	164. Tanacetum vulgare
165. RASPBERRY	165. Rubus idaeus
166. TAMARACK	166. Larix laricina
167. SKETCHPAD FUNGUS	167. Ganoderma applanatum
168. TWINING HONEYSUCKLE	168. Lonicera dioica
169. BLUE CLEMATIS	169. Clematis occidentalis
170. ORANGE JELLY	170. Dacrymyces palmatus
171. BURIED STALK PUFF BALL	171. Tulostoma simulans
172. BUNCHBERRY	172. Cornus canadensis
173. PERENNIAL SOW THISTLE	173. Sonchus arvensis
174. BULBIFEROUS WATER HEMLOCK	174. Cicutula bulbifera
175. WATER SMARTWEED	175. Polygonum amphibium
176. NODDING BEGGARTICKS	176. Bidens cernua
177. ROUGH HAIR/TICKLE GRASS	177. Agrostis scabra
178. CALLA LILY (Water Arum)	178. Calla palustris
179. SMALL FRUITED BULRUSH	179. Scirpus microcarpus
180. COMMON CATTAIL	180. Typha latifolia
181. LOW BUSH CRANBERRY	181. Viburnum edule
182. SHRUBBY CINQUEFOIL	182. Pentaphragma floribunda
183. MOOSE	183. Alces alces
184. YELLOW MOUNTAIN HEATHER (Heath)	184. Phyllodoce glanduliflora
185. HOARY WILLOW	185. Salix candida
186. BUFFALO BERRY	186. Shepherdia canadensis
187. PINK SPIREA	187. Spiraea douglasii
188. WHITE ADMIRAL BUTTERFLY	188. Limenitis arthemis
189. THIMBLE BERRY	189. Rubus parviflorus

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COMMON NAME	LATIN NAME
190. RED ELDERBERRY	190. Sambucus pubens
191. SKUNK CABBAGE	191. Lysichitum americanum
192. SELF HEAL	192. Prunella vulgaris
193. PONDEROSA PINE	193. Pinus ponderosa
194. OREGON GRAPE	194. Berberis nervosa
195. DOGBANE (DRY STALK)	195. Apocynum androsaemifolium
196. GROMWELL	196. Lithospermum ruderales
197. WOLF LICHEN	197. Letharia vulpina
198. SNOWBERRY	198. Symphoricarpos albus
199. MULLEIN	199. Verbascum thapsus
200. ROSE HIPS	200. Rosa acicularis
201. WHITE VIRGIN'S BOWER	201. Clematis ligusticifolia
202. CRESTED WHEAT GRASS	202. Agropyron cristatum
203. GREAT BASIN - GLASS BUTTES, OREGON	203.
204. WORMWOOD - 1ST YR. GROWTH	204. Artemisia vulgaris
205. WORMWOOD - 2ND YR. GROWTH	205. Artemisia vulgaris
206. MILKWEED	206. Asclepias speciosa
207. BOREAL FROG	207. Rana sylvatica
208. TAMARACK FALL COLORS	208. Larix laricina
209. WATER PARSNIP	209. Sium suave
210. GREATER BURREED	210. Sparganium eurycarpum
211. BURREED	211. Sparganium eurycarpum
212. TULE REED	212. Scirpus lacustris
213. RAT ROOT	213. Acorus calamus
214. RAT ROOT SPIKE	214. Acorus calamus
215. MARSH SKULLCAP	215. Scutellaria galericulata
216. BUCKBRUSH IN BLOSSOM	216. Symphoricarpos occidentalis
217. HIGH BUSH CRANBERRY UNRIPE	217. Viburnum opulus
218. DEATH CAMUS	218. Zygadenus elegans
219. ALPINE BISTORT WITH ROOT	219. Polygonum viviparum
220. WHITE MOUNTAIN AVENS	220. Dryas octopetala
221. WOOD BETONY	221. Pedicularis bractea
222. ALPINE ROCK JASMINE	222. Androsace chamaejasme
223. CUSICK'S PAINTBRUSH	223. Castilleja cusickii
224. CUSICK'S PAINTBRUSH (nectar tube)	224. Castilleja cusickii
225. YELLOW COLUMBINE	225. Aquilegia flavescens
226. ROCK WILLOW	226. Salix vestita
227. BLUE COLUMBINE	227. Aquilegia brevistyla
228. VEINY MEADOW RUE	228. Thalictrum venulosum
229. CANADA WOOD VIOLET	229. Viola canadensis
230. WILD SARSAPARILLA	230. Aralia nudicaulis
231. COW PARSNIP LEAF	231. Heracleum lanatum
232. BLUE BELL	232. Mertensia virginiana
233. STRAWBERRY	233. Fragaria virginiana
234. DEWBERRY (TRAILING RASPBERRY)	234. Rubus pubescens
235. ASPEN	235. Populus tremuloides
236. STINGING NETTLE (YOUNG)	236. Urtica dioica
237. MACKENZIE'S HEDYSARUM	237. Hedysarum mackenzii
238. COMMON JUNIPER (MALE)	238. Juniperus communis
239. DEVIL'S CLUB	239. Oplopanax horridum
240. BANEBERRY	240. Actaea rubra