

KARAMAT WILDERNESS WAYS
P.O. Box 483
Wildwood, Alberta, Canada T0E 2M0
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www.karamat.com

Enrollment Information

TO APPLY:

Complete the application form, and mail with your deposit. We accept Visa, Mastercard, American Express, Bank Draft or Money Order. The entire deposit is applied towards course fees. All courses have a 30% deposit upon registration with the remainder to be paid upon arrival. Remaining course fee must be PAID IN FULL upon arrival. 8 pocket books written by Mors Kochanski will be sent to you after application/waiver form and deposit is received. This applies to the Extended courses only.

Make drafts and money orders payable to: **Karamat Wilderness Ways.**

Karamat Wilderness Ways admits students of any gender, race, religion, or ethnic background. We will attempt to accommodate those with disabilities, however, due to the strenuous nature of some activities, not everyone can attend. Please consult with us if you have any questions in this area.

Three meals per day are supplied on Extended courses only unless otherwise stated in the course outline. Vegetarian meals are also supplied, however, if you have a special/strict diet, please call Karamat Wilderness Ways. Karamat Wilderness Ways is not responsible for accommodations needed before or after the class. Travel arrangements are the **STUDENTS** responsibility to the course site.

CANCELLATION POLICY:

Karamat Wilderness Ways reserves the right to cancel courses 10 days prior to the first day of class, due to not enough participants. If this is the case, you will receive a full refund. If you fail to show up for course without any notification, your deposit will be forfeited.

Responsibility: While every precaution is taken to safeguard you and your belongings, wilderness living skills and survival training by its very nature involves some risk, the responsibility for which has to be totally assumed by the participants. The course participants may be left to their own resources in the evenings and on other occasions. If this is seen as a problem these courses are not for you. Advancement of your registration fee and completed **Course Application and Waiver Form** will indicate agreement with our terms and conditions of participation.

Provisioning: In the interest of convenience and economical use of course time, provisions may be provided and cooking done as a group (meals included in course fee). Most meals are done in the

one pot cooking method. Those with special needs in regard to their diet will likely have to supply and cook their own meals. Groceries can be purchased in Wildwood, a 10 minute drive from the course area.

Accommodation: The accommodation that is provided is a crude rustic shelter heated by a wood stove. As long as the stove is going the shelter can be shirt-sleeve warm in normal winter temperatures. In summer this shelter is usually dry and mosquito proof.

Equipment List:

"Dress for the worst and hope for the best."

Weather varies in Alberta from winter courses at -40C to Summer Courses at +40C. But, it can freeze also on the summer course and have above freezing temperatures on the winter course. It can rain or snow at anytime of the year. On the summer course we spend much time in or around water.

A typical course has periods of vigorous activity alternating with sitting down.

1. Layering: Put on many thin garments instead of a few heavy ones. The dead air spaces between the layers add to the insulation value and provide greater versatility in controlling overheating.
2. Blocking Wind: A thin, light wind proof shell will block wind, trap warmed air and shed precipitation.
3. Control Moisture in contact with the skin: Use poly-propylene or a similar fabric next to the skin.

Changes of clothes if you get wet from either sweating or immersion in water. Having more clothes than necessary is the key. This is an average list for both summer and winter, adjust accordingly.

Head and Neck: Headgear that prevents the penetration of the strongest wind. A light scarf will be equivalent to a wool sweater in the warmth it can conserve. Summer brimmed hat.

Upper Body:

1. Polypro or wool long johns.
2. Wool shirt.
3. Several wool sweaters.
4. The fourth layer should appropriate to the expected weather conditions, e.g. wind breaker, rain coat or parka.

Lower Body:

1. Sanitation layer.
2. Polypro or wool long johns.
3. Wool pants.
4. Wind pants.

Hands: Wool inner mitts with leather outer mitts, 2-3 pair.

Footwear: Any footwear that allows the use of three pairs of wool socks will likely prove

satisfactory.
2 pair of footwear.
Plenty of wool socks.

What is provided:

- Shelter, (heated in the wintertime).
- Large cooking pots and dippers.
- Saws, axes and class material.
- Toilet paper.
- Food.

Gear that is the Responsibility of the Participate:

- Clothing suitable for the current conditions. Avoid bringing new clothes.
- Sleeping bag.
- Sleeping mat or a wool blanket.
- Personal toiletries
- Notebook, pen, camera
- Sharp knife (Mora knives can be purchased from instructor).

If not participating in group cooking, bring your own cooking gear.

Directions to General Course Area - 1 1/2 hours West of Edmonton

Traveling West from Edmonton:

Highway 16 West from Edmonton to Wildwood – 104 km

Continue West of Wildwood on Highway 16 to Leaman Road (Range Road 110) – 17 km

Turn South (left) on Leaman Road (Range Road 110) – 7 km

End of power line, right hand side. Blue emergency sign-53108 RR110

If flying, you can take a bus or taxi from the airport to the Greyhound Bus Depot in downtown Edmonton, then take the Greyhound bus to Wildwood and we will pick you up there. Courses are held in the Boreal forest.